



# Be Happy

## Part 2

When we look around us, it's easy to be negative. Seeing all the bad stuff is pretty easy to do. Staying positive is a little harder. Some Christians are what I like to call "Cow Pie Detectors"...they can find the one cow pie in a 40 acre field of flowers! You have to choose to be positive...to be happy. It's not about how you feel...it's about what God says is true...about you...about Him...about the world around you. Join us in this series and find out all the reasons how and why we, as followers of Jesus, can "Be Happy".

### 3 Statements that will help you to be Grateful.

1. I know that every \_\_\_\_\_ thing comes from \_\_\_\_\_. **James 1:17**
  - A. \_\_\_\_\_...notice the \_\_\_\_\_ stuff.
  - B. When we focus on how \_\_\_\_\_ God is, it changes our \_\_\_\_\_.
2. I will not let what I \_\_\_\_\_ rob me of what I \_\_\_\_\_. **Ecc. 6:9**
  - A. What you already have is \_\_\_\_\_ than something you \_\_\_\_\_ have.
  - B. Gratitude turns whatever we \_\_\_\_\_ into \_\_\_\_\_.
  - C. It's not \_\_\_\_\_ people who are \_\_\_\_\_,  
it's \_\_\_\_\_ people who are \_\_\_\_\_. **Phil. 4:11-13**
  - D. Until Jesus is all that you \_\_\_\_\_, you won't know that  
Jesus is all that you \_\_\_\_\_
3. I will turn every \_\_\_\_\_ into \_\_\_\_\_. **Ps. 63:1-8**
  - A. If you don't turn a blessing into \_\_\_\_\_, we turn it into \_\_\_\_\_.
  - B. Think of something you \_\_\_\_\_ and now pretend you just \_\_\_\_\_ it.
  - C. Because I am \_\_\_\_\_, I am \_\_\_\_\_. **Ps. 103:1-5**