



# Take 2

## Part 4 "Release"

A lot of us don't like to follow directions. We get things wrong because we do things the way we want and ignore the instructions. Our lives become a mess and we just want a chance to try it again and get it right. Join us for this series called "Take 2" as we look at what can happen when we do it again without the mistakes.

1. How far into your \_\_\_\_\_ do you intend to carry the anger and hurt created in your \_\_\_\_\_?
2. How long do you \_\_\_\_\_ to allow people who mistreated you to \_\_\_\_\_ you?
3. The answer to "How did you do it?" is.... "I \_\_\_\_\_."
4. My past will \_\_\_\_\_ me, not \_\_\_\_\_ me.
5. You have the \_\_\_\_\_ to leave the past behind once you \_\_\_\_\_ to do it.
6. Your past can \_\_\_\_\_ your decisions but it does not \_\_\_\_\_ them.
7. The technical, theological and biblical term is "\_\_\_\_\_."
8. Forgiveness allows us to \_\_\_\_\_ from and apply the lessons of the \_\_\_\_\_ without carrying around all the \_\_\_\_\_ from the past.  
Eph. 4:26-27
9. The only way to break the chain between what has been done to you and your \_\_\_\_\_ is to \_\_\_\_\_ the people who hurt you. Eph. 4:31
10. We don't forgive people because they \_\_\_\_\_ it, but because \_\_\_\_\_ forgave us first. Eph. 4:32
11. Stop carrying an \_\_\_\_\_ that can never be \_\_\_\_\_.